PRIVATE LESSONS

AVAILABLE IN ICLASS

COACHES MARKED WITH AN (*): ONLY MAT RENTAL FEES ARE PAID THROUGH ICLASS. COACHES SET THEIR OWN RATES AND MUST BE PAID DIRECTLY BY ADULT AT THE TIME OF THE LESSON

COACH COURTNEY

- LEAPS
- JUMPS
- LEG EXTENSIONS
- FLEXIBILITY
- ALL TECHNIQUE AND MOVEMENT

COACH BAILEY *

- ALL DANCE TECHNIQUE (TURNS, LEAPS, JUMPS, & EXTENSIONS)
- DANCE TEAM PREP
- AUDITION PREP
- HIP HOP, JAZZ, AND POM STYLES

PRIVATE LESSONS

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COACH CAROLINE

- PIROUETTES**
- A LA SECONDES**
- MOVEMENT QUALITY
- LEAPS & JUMPS
- LEG EXTENSIONS & LEG HOLD TURNS
- FLEXIBILITY

COACH ANNIE *

- BALLET FOUNDATIONS
- PIROUETTES
- JUMPS
- PRE-POINTE
- ALL MOVEMENTS INCLUDED IN ROUTINES

COACH AVA *

- TURN TECHNIQUE
- LEAP TECHNIQUE
- MOVEMENT QUALITY
- BUILDING FLEXIBILITY & STRENGTH